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Hot Weather Desserts

By CHARLES B. KNOX.

HOT WEATHER eatables bother housekeepers more to prepare than cold, for in cold weather we naturally crave something heavy and warm, while in summer we want to keep our blood as cool as possible. When it comes to luncheon, a clear soup, an entree, and a cold dessert are about all the stomach will stand. Housekeepers usually have the greatest difficulty in providing the cold dessert, but those who use Knox's Gelatine avoid all this trouble and worry. There are so many ways in which it can be used to make delicious and palatable desserts—Bavarian creams, sherbets, puddings, jellies, etc. A Knox's Gelatine dessert can be made in the cool of the morning and you do not have to spend at least an hour in preparing a pie or pudding, and then keep your fire burning in order to bake it. The dessert can be made in ten minutes and if set directly on ice or in cool running water it will be ready to serve in an hour's time. There is no work attached to it and a child can make it as easily as a grown person.

For dinner, did you ever try a salad in jelly? It is very simple to make, using Knox's Gelatine, Tomatoes and Lettuce, and when it comes on the table, no matter how warm you are or how small your appetite, it looks so nice that you are bound to try it, and it tastes even better than it looks.

Some people cannot eat strawberries, as the acid affects the stomach and gives them hives. A fruit jelly made from Knox's Gelatine and fresh strawberries will cause no hives and you can enjoy the fruit. Try it! There are also a great many people who cannot drink Coffee. It disagrees with them. Do you know that the daintiest stomach in the land can digest a coffee jelly made with Knox's Gelatine? This gives one the benefit of a dessert and after dinner coffee in one with no ill effects.

My booklet "Dainty Desserts for Dainty People" contains many choice recipes. You should get it at once.

Free For the name and address of your grocer I will send my recipe book, "Dainty Desserts for Dainty People." If he doesn't sell KNOX'S GELATINE, send me 4c. in stamps and I will send you a full pint package, or for 15c. a two-quart package, two for 25c. (stamps taken). If you would like a copy of the handsome printing, "The First Lesson," drop me a postal card for full information how to get it.

CHARLES B. KNOX,

9 KNOX AVENUE, JOHNSTOWN, NEW YORK
Also manufacturer of the celebrated SPIM Soap, (25c.) and SPIM Ointment Cream (50c.) Send for my Free "Watch the Baby" booklet. It gives full information regarding the SPIM goods.

Tempting Dishes for Summer Breakfasts

By Fannie Merritt Farmer

NOTE—In the following recipes all measurements are made level. Measuring cups, divided into thirds or quarters are used; also tea and table measuring spoons.

"Breakfast! Summer breakfast!
Throw the casement high,
And catch the warbler's carol
On glad wings glancing by.
Set flowers upon your table
Impearled with dewdrops rare,
For still their fragrance speaks of Him
Who made this earth so fair."

"Now let us break fast together!"

BREAKFAST means many things to many men. Ask the American, the Englishman, the Frenchman, as you will, and you will know how varied the definitions will be.

The hour for taking this meal and the dishes served at it vary even among people of the same nation as much as do their circumstances and tastes. The industrious

cereals contain a large percentage of starch, in consequence of which they should be thoroughly cooked. The following points must be considered for the best results:

1. Double boiler. The utensil to be used.
2. Correct proportions of water, cereal and salt.
3. Temperature of water, boiling point—(212°F.).
4. Correct time for cooking.
5. Manner of serving.

Let us illustrate the cooking of cereals by the use of one of the wheat preparations. Have three and one half cupfuls of

sure that the spout is free from grounds. Return to the coffee-pot and add half a cupful of cold water, which perfects the clearing. Place on the back of the range, where the coffee will not boil, and let stand for five minutes. Serve with cut sugar and thin cream or scalded milk.

Pop-Overs

Mix one cupful of pastry flour (once sifted) and one fourth of a teaspoonful of salt. Add gradually while stirring constantly seven eighths of a cupful of milk in order to obtain a smooth batter. Add two eggs, beaten until light, and half a teaspoonful of melted butter. Beat two min-



Pop-Overs and Raised Hominy Muffins

utes, using an egg beater. Turn into hot buttered earthen cups (which come for the purpose), and bake in a hot oven from thirty to thirty-five minutes. Hot buttered iron gem-pans may be used if one is not the possessor of the pop-over cups.

Blueberry Cake

Cream one fourth of a cupful of butter and add gradually one third of a cupful of sugar, and one egg, well beaten. Mix and sift two and one third cupfuls of pastry flour, four teaspoonfuls of baking-powder (always level measurements) and half a teaspoonful of salt. Add to the first mixture alternately with one cupful of milk; then add one cupful of berries mixed with one third of a cupful of flour. Turn into a buttered dripping-pan and bake in a moderate oven thirty minutes.

Raised Hominy Muffins

Mix one cupful of warm cooked hominy mush, one fourth of a cupful of butter, one cupful of scalded milk, three tablespoonfuls of sugar and half a teaspoonful of salt. When lukewarm add one fourth of an yeast cake dissolved in one fourth of a cupful of lukewarm water. Cover and let rise over night. In the morning cut down, fill hot buttered gem-pans two thirds full, let rise, and bake in a moderate oven.

Waffles with Maple Syrup

Mix and sift one and three fourths cupfuls of flour, three teaspoonfuls of baking-powder, and one half teaspoonful of salt; add gradually one cupful of milk, the yolks of two eggs well beaten, one tablespoonful of melted butter, and the whites of two eggs, beaten stiff. Cook on a greased hot waffle-iron and serve at once with maple syrup. A waffle-iron should fit closely on the range, be well heated on one side, turned, heated on the other side,

Baked Chicken, with French-Fried Potatoes, Smothered Tomatoes and Parsley



Cereal with Fruit

To return to the subject of breakfast cereals let it be said that at the present time so great is the number upon the market that one has an extensive variety from which to choose and to avoid monotony never allow the same preparation to appear on consecutive mornings. Breakfast cereals are usually put up in one or two pound packages, almost all of them having been partially cooked. Printed directions are given for the cooking, the time for which is always insufficient. All the

"Old-fashioned poetry, but choicely good"

—Isaac Walton

"With Whom is no Variableness, Neither
Shadow of Turning."

It fortifies my soul to know
That, though I perish, Truth is so;
That, howsoe'er I stray and range,
What'er I do, Thou dost not change.
I stedfast step when I recall
That, if I slip, Thou dost not fall.
Arthur Hugh Clough.
(1819-1861)

The "Old, Old Song"

When all the world is young, lad,
And all the trees are green;
And every goose a swan, lad,
And every lass a queen;
Then hey for boot and horse, lad,
And round the world away;
Young blood must have its course, lad,
And every dog his day.

When all the world is old, lad,
And all the trees are brown;
And all the sport is stale, lad,
And all the wheels ran down;
Creep home, and take your place there,
The spent and maimed among;
God grant you find one face there
You loved when all was young.
Charles Kingsley.
(1819-1875)

Under My Window

Under my window, under my window,
All in the Midsummer weather,
Three little girls with fluttering curls
Fit to and fro together—
There's Bell with her bonnet of satin sheen,
And Maud with her mantle of silver-green,
And Kate with her scarlet feather.

Under my window, under my window,
Leaning stealthily over,
Merry and clear, the voice I hear,
Of each glad-hearted rover,
Ah! sly little Kate, she steals my roses;
And Maud and Bell twine wreaths and posies,
As merry as bees in clover.

Under my window, under my window,
In the blue Midsummer weather,
Stealing slow, on a hushed tiptoe,
I catch them all together—
Bell with her bonnet of satin sheen,
And Maud with her mantle of silver-green,
And Kate with the scarlet feather.

Under my window, under my window,
And off through the orchard closes;
While Maud she flouts, and Bell she pours,
They scamper and drop their posies;
But dear little Kate takes naught amiss,
And leaps in my arms with a loving kiss,
And I give her all my roses.
Thomas Westwood.
(1814-)

I Lay in Sorrow, Deep Distressed

I lay in sorrow, deep distressed:
My grief a proud man heard;
His looks were cold, he gave me gold,
But not a kindly word.
My sorrow passed—I paid him back
The gold he gave to me;
Then stood erect and spoke my thanks,
And blessed his Charity.

I lay in want, in grief and pain:
A poor man passed my way;
He bound my head, he gave me bread,
He watched me night and day.
How shall I pay him back again,
For all he did to me?
Oh, gold is great, but greater far
Is heavenly Sympathy.
Charles Mackay.
(1812-1889)

Where Lies the Land?

Where lies the land to which the ship
would go?
Far, far ahead, is all her seamen know.
And where the land she travels from?
Away,
Far, far behind, is all that they can say.

On sunny noons upon the deck's smooth
face,
Linked arm in arm, how pleasant here to
pace;
Or, o'er the stern reclining, watch below
The foaming wake far widening as we go.

On stormy nights when wild northwester
rave,
How proud a thing to fight with wind and
wave!
The dripping sailor on the reeling mast
Exults to bear, and scorns to wish it past.

Where lies the land to which the ship
would go?
Far, far ahead, is all her seamen know.
And where the land she travels from?
Away,

Far, far behind, is all that they can say.
Arthur Hugh Clough.
(1819-1861)

The Fairies

Up the airy mountain,
Down the rushy glen,
We daren't go a-hunting
For fear of little men;
Wee folk, good folk,
Trooping all together;
Green jacket, red cap,
And white owl's feather!

Down along the rocky shore
Some make their home,—
They live on crispy pancakes
Of yellow tide-loam;
Some in the reads
Of the black mountain-lake,
With frogs for their watch-dogs,
All night awake.

High on the hill-top
The old King sits;
He is now so old and gray
He's nigh lost his wits,
With a bridge of white mist
Columbkill he crosses,
On his stately journeys
From Slieveleague to Rosses;
Or going up with music
On cold starry nights,
To sup with the queen
Of the gay Northern Lights.

They stole little Bridget
For seven years long;
When she came down again
Her friends were all gone.
They took her lightly back,
Between the night and morrow;
They thought that she was fast asleep,
But she was dead with sorrow.
They have kept her ever since
Deep within the lakes,
On a bed of flag-leaves,
Watching till she wakes.

By the craggy hillside,
Through the mosses bare,
They have planted thorn-trees
For pleasure here and there.
Is any man so daring
To dig one up in spite,
He shall find the thornies set
In his bed at night.

Up the airy mountain,
Down the rushy glen,
We daren't go a-hunting
For fear of little men;
Wee folk, good folk,
Trooping all together;
Green jacket, red cap,
And white owl's feather!

William Allingham.
(1828-1889)

Baby's Shoes

O, those little, those little blue shoes!
Those shoes that no little feet use.
O, the price were high

That those shoes would buy,
Those little blue unused shoes!

For they hold the small shape of feet,
That no more their mother's eyes meet,
That, by God's good will,
Years since grew still,
And ceased from their totter so sweet.

And O, since that baby slept,
So hushed, how the mother has kept,
With a tearful pleasure,
That little dear treasure,
And o'er them thought and wept!

For they mind her forevermore
Of a patter along the floor;
And blue eyes she sees
Look up from her knees,
With the look that in life they wore.

As they lie before her there,
There bubbles from chair to chair
A little sweet face
That's a gleam in the place,
With its little gold curly hair.

Then O wonder not that her heart
From all else would rather part
Than those tiny blue shoes
That no little feet use,
And whose sight makes such fond tears
start!

William Cox Bennett.
(1820-)

The End of Life

We live in deeds, not years; in thoughts,
not breaths;
In feelings, not in figures on a dial.
We should count time by heart-throbs. He
most lives.

Who thinks most, feels the noblest, acts
the best.
And he whose heart beats quickest lives
the longest;
Lives in one hour more than in years do
some.

Whose fat blood sleeps as it slips along
their veins.

Life is but a means unto an end; that end,
Beginning, mean, and end to all things,—
God.

The dead have all the glory of the world.
Philip James Bailey.
(1816-)

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So common has adulteration become that
there is but one safe way for the average housewife
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We make three kinds—Malt Vinegar for
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This Carved Ivory Watch Fob is Too Hideous
to be a Beauty Touch, but it's
Fashionable Just the Same

or two beauty touches, adjustable ones, that can be put on for different occasions. For instance, if the hat is to be worn with a white dotted swiss gown scattered with a design of pink roses, the beauty touch may consist of pale-pink chiffon streamers knotted



The Latest in Fads and Frills

By Grace Margaret Gould

loosely under the chin, and having ends long enough to float off gracefully; and in addition, the hat itself may have a bit of a pink-velvet bow wired just sufficiently so that it has the effect of alighting in butterfly fashion on the brim. If the gown happens to be pale yellow, delicate blue, or faint green, then the clever girl selects her chiffon streamers and little bow so that they match it in tint. These beauty touches need only be tried to prove their value.

The girl who found the pony jacket the most becoming coat she could wear last spring is wise if she copies the jaunty little model in linen and embroidery for warm-weather wear. A most fetching linen



A Neck Ribbon Tied in this Way
Makes a Fascinating Beauty Touch

If you haven't a beauty touch or two you are not living up to your reputation as a summer girl. The New York girl regards them as absolutely indispensable to her summer wardrobe. Perhaps you think a beauty touch is something to make a pinker glow in your cheeks, or a brighter sparkle in your eyes, but it isn't. Oh, dear, no! It has nothing to do with a complexion beautifier—it is merely the telling little fashion touch which, by its becomingness, adds much to your good looks. Of course, they are important—these original, seductive little beauty touches, and it is easy enough to see why any summer girl is anxious to add them to her wardrobe.

A beauty touch is often just the outward expression of the thought of an individual girl. It may be the new arrangement of a wing on her hat, or the way a ribbon is tied about her throat. Or perhaps it is just in the adjustment and the selection of her veil, or some fascinating little accessory in the way of a collar or a ruff that she adds to her frock. But, whatever it is, it must be remembered that to rightfully lay claim to its name it must add a new charm to the wearer.

A very successful beauty touch consists of chiffon streamers added to a lingerie hat. Every summer girl needs one or two washable linen hats made with a brim of embroidery. The most serviceable are those which have a buttoned-on crown, as they are so much easier to launder. Now a hat of this sort may have more than one



These Beauty Touches Will Add Much to the Picturesqueness of the Summer Girl

pony coat can be made of embroidery, has been known as a beauty touch it has strapped with bands of stitched white linen. It should fasten in single-breasted style, with big pearl detachable buttons. The sleeves should be short, and the coat held into the figure at the waist by an inside belt. Of course, the coat is unlined, and will launder satisfactorily. Such a little garment, if worn by the girl whose figure it suits, has the right to be classed among her beauty touches.

There are any number of beauty touches in the way of lingerie collars, tulle and malinette neck-ruffs this summer. The adjustable fancy collar, which is illustrated on this page, acts as a shoulder wrap, and is a bit more original than the average, and extremely simple to make. It is just the sort of a beauty touch to be worn by the girl who finds the fluffy, full neck-ruff unbecoming. In the back it is shaped like a deep collar which comes to a point, and is finished with a little tassel. In front it lays flat, and tapers toward the ends. It can be made from one third of a yard of material, if it is forty-five inches wide. This little shoulder wrap looks its prettiest made of silk with



A Smart Way to Trim a Sailor Hat

a flat rever collar of lace. It will also look effective made entirely of lace over a silk foundation.

The girl who is never satisfied with the way her hair looks at the back will welcome a beauty touch seen in many of the newest hats. It consists of a cachepeigne of ribbon loops and ends of graduated lengths, and is tucked in at the back of the hat, falling so that it covers the back of the head. It is wise to have one or two adjustable cachepeignes of this sort in different shades of ribbon to wear with one hat. More than one rosette will also be useful in adding a beauty touch to a hat, and changing its effect at the same time.

A chic way of trimming a sailor hat is to use both the cachepeigne of ribbon loops and the rosette. Take a little sailor shape, for instance, of pale-blue chip. Use for its trimming a delicate gray wing; fasten the wing to the right side of the crown with two flat rosettes of white maline, edged with a narrow little plaiting of silver ribbon. The wing should be caught between the rosettes. Now, to give the hat the character it needs, add a beauty touch of many loops of black-velvet ribbon at the back.

Almost every girl will find that a narrow black-velvet ribbon tied about her neck is becoming. Since the neck ribbon

has been tied in many new ways. The most fetching is to tie the bow at the left side instead of at the back, and to have the ends rather long, letting one hang down in front and one fall over the left shoulder.



The Latest Design for a Silk Shoulder Wrap